

No appointment needed:

Written referrals via SCI Gateway

In some circumstances, you may still wish to make a written referral.

Criteria for written referrals –

- Dual diagnosis
- Cognitive Impairment/Complex Needs
- Disabilities preventing self referral to Gateways
- Referrers who wish to provide additional information
- High Risk Child/Adult Protection
- Patients on a current prescription but who are felt to need review of their treatment.

Please ensure written referrals include a suitable and up to date patient phone number. Advise patient that they will be contacted by phone within a week, and that the call may appear on their mobile as being from an unlisted number.

Where and When

- Monday Roodlands Hospital
Out patients Dept**, Hospital Road, Haddington (1pm to 4pm)
- Tuesday Midlothian Substance Misuse Service**
Glenesk Centre, 1/5 Duke Street, Dalkeith (11am to 4pm)
- Tuesday NEON BUS**
Olive Bank Road, Musselburgh
Car park opposite Tesco beside bandstand (12 noon to 2.30pm)
- Tuesday NEON BUS**
Newbyres Medical Group Car Park
15 Hunterfield Road, Gorebridge (4pm to 5.30pm)
- Thursday East Lothian Substance Misuse Service**
Edenhall Hospital, Pinkieburn
Edenhall Road, Musselburgh (11am to 4pm)
- Friday Eastfield Health Centre**
Loganlea Centre
Eastfield Farm Road
Penicuik
10am to 1pm

Patients can attend at any Gateway Clinic in Midlothian or East Lothian, within the times listed. **No appointment needed.**

Gateway to Recovery Clinics

Midlothian and East Lothian
Drug and Alcohol Services

Information for Professionals

Midlothian and East Lothian Drug and Alcohol Services seek to support adults with drug and alcohol problems, to help them reduce the risk of harm and promote recovery.

These new self referral Gateway to Recovery Clinics offer an integrated drug and alcohol assessment and access to high quality services, advice, support and medical/psychological treatments. The service is tailored to meet individual needs and provides links to a wide range of other agencies that can support an individual on their personal journey of recovery.

Who we are

The Gateway Clinic staff are drawn from NHS Lothian Substance Misuse Directorate and Mid and East Lothian Drugs (MELD).

What happens at the Gateway Clinic:

All patients will be offered an initial assessment leading to a comprehensive recovery plan.

The plan will:

- place the patient – the owner of the plan – at its centre;
- be agreed and signed by both the assessor and patient;
- include a timetable for ongoing formal review of changing needs.
- be coordinated by a named professional who will be responsible for assisting the patient to achieve their goals.

Accessing the Service

The majority of patients can simply be given information about the service (see service user leaflet) and encouraged to attend.

It is helpful to advise that patients will be seen on a first come, first seen basis, that no prescription will be given at this first appointment, and that they must attend sober/straight enough to be assessed.

Patients who have been previously discharged from treatment due to non-attendance should be advised they can re-enter treatment via the Gateway Clinic without having to seek a re-referral from their GP

GPs will be informed of all patients offered medical services through the Gateway Clinics.

Services available following initial assessment include:

- Specialist prescribing (drug and alcohol)
- Drug/alcohol detoxification (community and inpatient)
- Access to residential rehabilitation services
- Drug and alcohol counselling, information and advice.
- Blood Borne Virus screening, immunisation and advice
- Psychological interventions (individual therapy and group work)
- Relapse prevention advice and support with recovery
- Practical support for housing and financial issues
- Support to access training and/or employment
- Ear acupuncture
- Joint working with other services
- Carer, referrer & family support/parenting advice
- Coping skills and SMART Recovery groups